

## c0\_ugK wkqiv e'e'vcbvq Avbqg I c0ZKvi

wkqivi wfvE ntjv c0\_ugK wkqiv| mKj wki i Rb" GwU A%eZwbK I eva'Zvgj K| wki i c0\_ugK wkqiv wbu0Z Kiv ivt0i `wqZij| c0Z e0tii RvZxq evtRtUi c0q 15 kZvsk wkqiv LvZ eivl t`l qv nq hvi c0q 60 kZvsk tctq \_vtK c0\_ugK wkqiv LvZ| mi Kvi 1985 mvj t`tk mviv t`tk c0\_ugK we`vj tqi wkqiv\_xp i gta' 0webvgtj` cv'eB weZiY0 Kti AvmtQ Ges 2003 mvj t`tk mviv t`tk 0DcewE Kgfmp0 ev`evqb Ki tQ| ZvOvovl wevfbaemgtq Gj vKwfvwEK wetkl wetkl wKQy Kgfmp thgb 0wkqivi Rb" Lv` Kgfmp0 0`g wUvdb Kgfmp0 0we`vj q AvKI YxqKiY Kgfmp0 cfwZi gva'tg c0\_ugK wkqiv RbMtYi KvQ tctQ t`l qvi c0qvm Pvj vtbv ntqtQ|

wUAvBie Zvi e0nea Kvhptgi Ask wntmte c0\_ugK wkqivtk wetkl `i"Zi w`tq tmevgj K LvZ wntmte GKwU `Q I Review wngj K c0\_ugK wkqiv e'e'v c0Z0vq mnvqK kw3 wntmte MtelYv I A'wWtvtKwm Kvhptg Pwj tq hv'tQ| BtZvgta' c0\_ugK wkqivi I ci `vbxq chftq 27wU wi tcvU`KwWRwi c Ges RvZxq chftq GKwU MtelYv m'uv`b Kiv ntqtQ| GmKj MtelYvi Avtj vtK bxwZ-wbaft Yx chftqmn msuk0-mKj t`Ktnvi vlt` i `w0 AvKI ftYi j t`q` GB cwj wm e'xduU Dc`vcv Kiv nj |

### MtelYvq c0B Dtj E'fvM' Z`:

we`vj q chftq Avbqtgi aib	`vbxq wkqiv c0kvmtb Avbqtgi aib
1. wkqitKi `wqZij cij tb Avbqg <ul style="list-style-type: none"> <li>• wej x^Kti we`vj tq Avmv</li> <li>• i`wUv Abjvqx wbcwgZ Kwm bv tbi qv</li> <li>• wbafti Z mgq Kvftm e`q bv Kiv</li> <li>• covtbi mgq wkqiv DcKiY e`envi bv Kiv</li> <li>• wbcwgZ A'vtm'oj I RvZxq msMxZ bv Kiv</li> </ul>	1. wkqiv KgrZft `wqZij cij tb Avbqg <ul style="list-style-type: none"> <li>• mwK mgtq Awdtm bv Avmv Ges Awdmi mgq tkl nl qvi AvtMB Ptj hvl qv</li> <li>• wbcwgZ Awdtm bv Gtmi EaYzb KgrZftK g'vtbR Kti c0Zw tbi Dcw`vZ wbu0Z Kiv</li> <li>• cZ's-AA'tj i we`vj q K`wPr cw`k0 Kiv</li> </ul>
2. wkqiv_xp woku ntZ wbcgwnfZ wcl/Pu`v msM0h <ul style="list-style-type: none"> <li>• fWZ'wd Av`vq</li> <li>• AwZwi 3 cixqiv wd Av`vq</li> <li>• webvgtj` eB weZitY UvKv Av`vq</li> <li>• μxovbptbi Rb" Pu`v Av`vq</li> <li>• wevfbaem`em D`hvc'tbi Rb" Pu`v Av`vq</li> </ul>	2. wkqiv KgrZft Aw`R Avbqg I `jwEz <ul style="list-style-type: none"> <li>• we`vj q cw`k0Kvtj wkqitKi woku ntZ DrtKvP M0hY</li> <li>• mve-Kv`vi c0kqitYi cy0eivl wkqitKi Rb" e`q bv Kiv</li> <li>• e`vj I c`vq'tbi tqt' wkqitKi woku ntZ Ny M0hY</li> </ul>
3. DcewE c0 vtb Avbqg <ul style="list-style-type: none"> <li>• DcewE cvl qvi thwM' bq Ggb wkqiv_xpK DcewEi Rb" wbePb Kiv</li> <li>• DcewE weZitYi mgq wkqiv_xp AwrfvetKi woku t`tk Avc`vq'tbi K_v etj UvKv tbi qv</li> </ul>	3. c0kvmwbK tmev tctZ wkqitKi nqi wv <ul style="list-style-type: none"> <li>• UvBg t`j , Bie μm, etKqv teZb, Gwi qv wej cfwZ tmev tctZ Ki wYK KZR nqi wv</li> </ul> 4. wLb tkLv'tbv mvgM0 (wUgJ Gg) μtq eivt' i 20-25 kZvsk Avbqtgi dtj AcPq

c0 weZ mpcwi kgvj v l ev evqabi `wqZj

mpcwi k	ev evqabi `wqZj
1. wkqtki `wqZj cvj tb Awbqg tivta Ki Yxq:	
<p>1.1 we `vj tq wkqtki `f Zv/NvUwZ `i Kiv:</p> <ul style="list-style-type: none"> <li>• c0Z`K we `vj tq c0Z we l tqi Rb` GKRb Kti wkqtki wbtqvM w`tZ nte </li> <li>• tKvfbv wkqtki wcuUAvB c0kqY l gvZZKvj xb QyUtz `vKtj Zvi kb`Zv `i Kitz Pw`wfwEK wkqtki wbtqvMi e`v ivLtz nte </li> </ul>	<p>c0_wgK l MYwkqkv gS`vj q/ c0_wgK wkqkv Awa`Bi</p>
<p>1.2 we `vj tqi wBKUZg Gj vKv t`tk wkqtki wbtqvM t` l qv:</p> <ul style="list-style-type: none"> <li>• wkqtki wbtqvM BDwbqbwfwEK tKvUv e`v c0ZB Kitz nte  Zte msuk0 BDwbqabi ga` ntz Dchp c0_x`cvl qv bv tMj wBKUZg BDwbqb t`tk tbi qvi e`v ivLtz nte </li> </ul>	<p>c0_wgK l MYwkqkv gS`vj q/ c0_wgK wkqkv Awa`Bi</p>
<p>1.3 wkqtki`i gta` wei Zv `i Kti MwZkj Zv mjo Kiv:</p> <ul style="list-style-type: none"> <li>• mnKvix wkqtki l c0vb wkqtki ga`eZx`fi mnKvix c0vb wkqtki c` `Zwi Kitz nte </li> <li>• mnKvix wkqtki c` mivmwi wbtqvM Ges mnKvix c0vb wkqtki l c0vb wkqtki c` c` vbwZ w` tq c`Y Kivi bwiZ M0Y Kitz nte </li> <li>• wkqtki`i teZb KvWtgv eZgvb Rxbhv`vi e`tqi mvf_ mvgAm` titL epx Kitz nte  GKB mvf_ c0Zw we `vj tqi wkqtki l KZ0tqi Rb` ev evqbtvM` mjbw` 0` bwiZK AvPiY weia c`Yqb l c0qvM Kitz nte </li> <li>• mnKvix wkqtki`i teZb t`j wkqtkiMZ thvM`Zvi wfwE`tz wbaY Y Kiv DvPZ </li> <li>• miKwi , tivR ÷ wW`Ges KugDwbw we `vj tqi wkqtki`i teZb e`eavb Kugtq Avbvi Df`vM M0Y Kitz nte </li> <li>• c0vb wkqtkiK w0Zxq tkYxi KgRZf gh`v w`tZ nte </li> <li>• `vBwi K KvR c0vb wkqtki DctRjv wkqkv Awd`m hvZvqfZi Rb` fvZvi e`v `vKtz nte </li> <li>• wkqtki`i K D0x Kitz thgb Dvj w`Z Df`vM M0Y Kitz nte tZgub Zvf`i `wqZj cvj tb e`Z`q j q Kiv tMj `0Z ht`vchp e`v M0Y Kitz nte </li> </ul>	<p>c0_wgK l MYwkqkv gS`vj q/ c0_wgK wkqkv Awa`Bi / tRjv l DctRjv c0_wgK wkqkv Awdm</p>
<p>1.4 Ab`vb`</p> <ul style="list-style-type: none"> <li>• Kvm Pj vKvtj we `vj tqi Awd`mKtq bvi wkqtki `y`tcv` wki`tk t` Lvtkvbvi Rb` e`v `vKtz nte  (c0qvRtb 0AvDU`tmvM0 Kiv m`e)</li> <li>• DctRjv wkqkv Awd`m l gv`tbwRs Kugwli we `vj q cwi` k0 epx Kitz nte </li> <li>• DctRjv wi `tmvM`tmUvi ntz wkqtki`i l ci c0kqY dtj vAvc epx Kitz nte </li> </ul>	<p>c0_wgK l MYwkqkv gS`vj q/ DctRjv wkqkv Awd`m/ DctRjv wi `tmvM` tmUvi / we `vj q gv`tbwRs Kugwli</p>
2. wkqtki KZR wkqkv_x` i wBKU ntz wbgewnfZ wcl/Pu` v msM0 etU Ki Yxq:	
<ul style="list-style-type: none"> <li>• we `vj tq cixq Abpvtbi Rb` e`tqi mvf_ m`wZ titL cixqvi wcl wbaY Kitz nte </li> <li>• DctRjv wkqkv Awd`m t`tk we `vj tq eB mieivni LiP we `vj tqi `tZj Abjvqx wKtj wglvi wntmte c0vb Kitz nte </li> </ul>	<p>c0_wgK l MYwkqkv gS`vj q/ c0_wgK wkqkv Awa`Bi</p>

mɔcwi k	ev̄ evq̄t̄bi `wq̄Zi
<ul style="list-style-type: none"> <li>• we`vj t̄qi weirfbæmnik̄v̄v Kvh̄p̄g I m̄gwiRK Kḡm̄P ev̄ evq̄t̄bi e`q̄ wk̄fv̄te wbēm̄ n̄te Zvi m̄y`úó wbt̄`Rbv `vK̄t̄Z n̄te </li> <li>• we`vj t̄qi `bw̄ḡĒK e`q̄ wbēm̄ni Rb` miK̄wi ei v̄t̄i i e`e`v̄ ivL̄t̄Z n̄te </li> </ul>	<p>c̄0_wgK I MȲwk̄v̄v ḡš̄ȳj q/ c̄0_wgK wk̄v̄v Ana` Bi</p>
<p>3. Dcew̄Ē c̄0 v̄tb̄ Awbqḡ tiv̄ta KiYxq̄:</p>	
<ul style="list-style-type: none"> <li>• Dcew̄Ēi Rb` th mKj wk̄v̄v_x̄w̄bēP̄b Kiv nq̄ Zv̄t̄` i Zwj Kv Ges Kx weteP̄bvq̄ Zv̄t̄` i wbēP̄b Kiv n̄t̄q̄Q̄ Zv we`vj t̄qi Awdm̄ tev̄t̄W̄Uw̄bt̄q̄ ivL̄t̄Z n̄te </li> <li>• Dcew̄Ēi Rb` wbēP̄Z wk̄v̄v_x̄P̄ cwi ev̄t̄i i Avq̄ I Ab`vb` m̄x̄úw̄Ēi w̄m̄ve Dc̄t̄Rj v wk̄v̄v Awd̄t̄m̄ Rgv̄ t̄` I qvi w̄bqḡ Kīt̄Z n̄te </li> <li>• Dcew̄Ē M̄h̄YK̄v̄t̄j Avc`vq̄b ev̄ Ab` t̄Kv̄t̄bv LiP̄ eve` t̄Kv̄t̄bv UvKv̄ w̄t̄Z n̄te bv GB ḡt̄ḡt̄bw̄Uk̄ tev̄t̄W̄D̄t̄j L̄ Kīt̄Z n̄te Ges Qv̄I-Qv̄I x̄ I Awf̄f̄veK̄t̄` i ḡt̄a` m̄t̄P̄Zb̄Zv `Zwi Kīt̄Z n̄te </li> </ul>	<p>Dc̄t̄Rj v c̄0_wgK wk̄v̄v Awdm̄/ wk̄v̄vK̄/ ḡv̄t̄bw̄Rs K̄v̄ḡv̄U</p>
<p>4. `vbxq̄ wk̄v̄v c̄k̄vm̄t̄bi KḡR̄Z̄P̄` i `wq̄Zi cv̄j t̄b Awbqḡ tiv̄ta KiYxq̄:</p>	
<ul style="list-style-type: none"> <li>• Dc̄t̄Rj v wk̄v̄v Awdm̄ ,t̄j v̄t̄Z t̄Rj v wk̄v̄v Awd̄t̄mi cwi `k̄b̄ ew̄x̄ Kīt̄Z n̄te </li> <li>• mnK̄vix Dc̄t̄Rj v wk̄v̄v KḡR̄Z̄P̄ kb` c` ,t̄j v c̄i t̄Yi D̄t̄`v̄M̄ M̄h̄Y Kīt̄Z n̄te </li> <li>• `vbxq̄ wk̄v̄v c̄k̄vm̄t̄bi KḡR̄Z̄P̄` i c̄t̄`v̄b̄Z̄i c̄0̄μ̄qv̄ M̄w̄Zk̄x̄j Kīt̄Z n̄te </li> <li>• mnK̄vix Dc̄t̄Rj v wk̄v̄v KḡR̄Z̄P̄` i we`vj q̄ cwi `k̄b̄ fv̄Zv ew̄x̄ Kīt̄Z n̄te </li> <li>• c̄0_wgK wk̄v̄v c̄k̄vm̄t̄b KḡR̄Z̄P̄w̄bt̄q̄M̄ I c̄t̄`v̄b̄Z̄i t̄q̄t̄I K̄`w̄wi e`e`v̄ c̄ĒZ̄b̄ Kīt̄Z n̄te </li> </ul>	<p>c̄0_wgK I MȲwk̄v̄v ḡš̄ȳj q/ c̄0_wgK wk̄v̄v Ana` Bi / t̄Rj v c̄0_wgK wk̄v̄v Awdm̄</p>
<p>5. `vbxq̄ wk̄v̄v c̄k̄vm̄t̄bi KḡR̄Z̄P̄` i Aw̄`R̄ Awbqḡ I `j̄x̄Z̄ tiv̄ta KiYxq̄:</p>	
<ul style="list-style-type: none"> <li>• wk̄v̄v KḡR̄Z̄P̄` i `wq̄Zi I `bw̄ZK Av`t̄k̄P̄ c̄0̄Z̄ D̄0̄x̄ Kīt̄Z n̄te  wk̄v̄v c̄k̄vm̄b̄ Kvh̄p̄ t̄qi mKj KḡR̄Z̄P̄KḡP̄v̄i x̄t̄` i Rb` ev̄ evq̄b̄th̄v̄M̄` m̄j̄bw̄`̄ `bw̄ZK AvPiȲ wēa c̄v̄q̄b̄ I c̄0̄qv̄M̄ Kīt̄Z n̄te </li> <li>• t̄Kv̄t̄bv KḡR̄Z̄P̄ wei`t̄x̄ Nj̄ ev̄ Dr̄t̄Kv̄P̄ M̄h̄t̄Yi Awf̄t̄h̄v̄M̄ cv̄l qv̄ t̄M̄t̄j̄ Zv̄ ,i`t̄Z̄i m̄v̄t̄` weteP̄bvq̄ w̄bt̄q̄ `Z̄ e`e`v̄ M̄h̄Y Kīt̄Z n̄te </li> <li>• t̄Kv̄t̄bv KḡR̄Z̄P̄ Awbq̄t̄gi wei`t̄x̄ Awf̄t̄h̄v̄M̄ D̄l̄vc̄t̄bi t̄q̄t̄I Awf̄t̄h̄M̄K̄vix̄i t̄ck̄v̄M̄Z̄ w̄b̄iv̄c̄Ēv̄ wēav̄b̄ w̄b̄īD̄Z̄ Kīt̄Z n̄te </li> <li>• m̄ve-K̄v̄÷vi c̄0̄k̄q̄t̄Ȳ Awbqḡ `t̄ Kivi Rb` c̄0̄k̄q̄Ȳ Dc̄KiȲ I wk̄v̄vK̄t̄` i c̄0̄k̄q̄Ȳ fv̄Zv Dc̄t̄Rj v w̄i t̄m̄v̄m̄t̄m̄Uv̄t̄i i ḡv̄a`t̄ḡ c̄0̄v̄t̄bi e`e`v̄ M̄h̄Y Kīt̄Z n̄te </li> </ul>	<p>c̄0_wgK wk̄v̄v Ana` Bi / wēfv̄M̄x̄q̄ I t̄Rj v c̄0_wgK wk̄v̄v Awdm̄/ Dc̄t̄Rj v w̄i t̄m̄v̄m̄<sup>©</sup> t̄m̄Uvi</p>
<p>6. c̄k̄vm̄wb̄K̄ t̄m̄ev̄ t̄c̄t̄Z wk̄v̄v t̄Ki n̄qi w̄b̄ et̄Ū KiYxq̄:</p>	
<ul style="list-style-type: none"> <li>• Dc̄t̄Rj v I t̄Rj v wk̄v̄v Awdm̄ t̄`t̄K̄ t̄Kv̄b̄ t̄m̄ev̄ KZ̄ w̄`t̄b̄ cv̄l qv̄ h̄v̄te Zv̄ m̄s̄t̄k̄Ē Awd̄t̄mi t̄bw̄Uk̄ tev̄t̄W̄Uw̄bt̄q̄ ivL̄t̄Z n̄te </li> <li>• w̄b̄ī`̄ mḡt̄qi ḡt̄a` t̄m̄ev̄ c̄0̄v̄t̄b̄ e`_`t̄j̄ Zvi Reveir̄ w̄n̄Zv̄ `vK̄t̄Z n̄te </li> <li>• Dc̄t̄Rj v I t̄Rj v wk̄v̄v Awd̄t̄m̄ c̄k̄vm̄wb̄K̄ t̄m̄ev̄ w̄b̄īD̄Z̄ Kīt̄Z Rbēt̄j̄ i Nv̄Uw̄Z̄ `t̄ Kīt̄Z n̄te </li> <li>• Dc̄t̄Rj v I t̄Rj v wk̄v̄v Awd̄t̄m̄ KḡP̄Z̄ mKj KḡR̄Z̄P̄KḡP̄v̄i x̄t̄` i Rb` ev̄ evq̄b̄th̄v̄M̄` m̄j̄bw̄`̄ `bw̄ZK AvPiȲ wēa c̄v̄q̄b̄ I c̄0̄qv̄M̄ Kīt̄Z n̄te </li> </ul>	<p>c̄0_wgK wk̄v̄v Ana` Bi / Dc̄t̄Rj v c̄0_wgK wk̄v̄v Awdm̄</p>

7. <b>ৱকলব তকলবতব মবগমঠে মতq আবqg এতU কি Yxq:</b>	
<ul style="list-style-type: none"> <li>• তK`iqfবte তUওtii gva`tg ৱকলব তকলবতব মবগমঠে মq Kti ৱে`vj q chiq tcSওtবvi e`e`v Ki tZ nte </li> </ul>	cও_ugK ৱকqlv Avia`Bi
8. <b>ৱেৱea:</b>	
<ul style="list-style-type: none"> <li>• ৱে`vj q e`e`vcbv KuglU tK mμμq Ki tZ KuglU tZ 50 kZvsk brix cওZwbwa ৱbওZ Ki tZ nte </li> <li>• cওZ ৱZb gvm Ašt mnKvix ৱকqlv KgRZঐ mv t_ msৱkó- Kv÷v tii ৱে`vj q e`e`vcbv KuglU i `eVK Abp vb Ki tZ nte </li> <li>• brix ৱকqlv Kt`i cওZ cj`l ৱকqlv K, Aৱf fveK l g`v t bৱRs KuglU t bৱZevPK g t b v fve `i Ki tZ Zv t`i tK tRওvi l ৱi t q t U kb ৱ`tZ nte </li> <li>• cও_ugK ৱকqlv i Rb` th bৱMwi K mb` cওZ Kiv n t q t Q Zv cও_ugK ৱকqlv Avia`Bi, ৱেFvMxq Dc-cwi Puj t Ki Kv h q, tRj v l Dc t Rj v cও_ugK ৱকqlv Aৱdm Ges Dc t Rj v ৱi t m v m t m U v i m n m K j cও_ugK ৱে`vj t q RbM t Y i `ৱó AvKI ৱ t h v M` `v t b Dc `vcb ৱbওZ Ki tZ nte </li> <li>• GKBFvte cওZiU cও_ugK ৱে`vj t q ৱbR`^bৱMwi K mb` cওZ Kti RbM t Y i `ৱó AvKI ৱ t h v M` `v t b Dc `vcb Ki tZ nte </li> </ul>	Aৱdm/ tRj v cও_ugK ৱকqlv Aৱdm Dc t Rj v ৱকqlv Aৱdm/ Dc t Rj v ৱi t m v m t m U v i m n m K j t m U v i / ৱে`vj q

AvM ÷ 2008

UৱYcv t i ৱY B>Uvi b`vk b v j e v s j v t` k (ৱUAvBৱe)  
 cওMán Uv l q vi , emo-1, ti ৱW-23, j kvb-1, XvKv-1212|  
 t d v b : 9884811, 8826036, d` : 9884811,  
 B-tgBj : info@ti-bangladesh.org  
 l t qe m v B U : www.ti-bangladesh.org